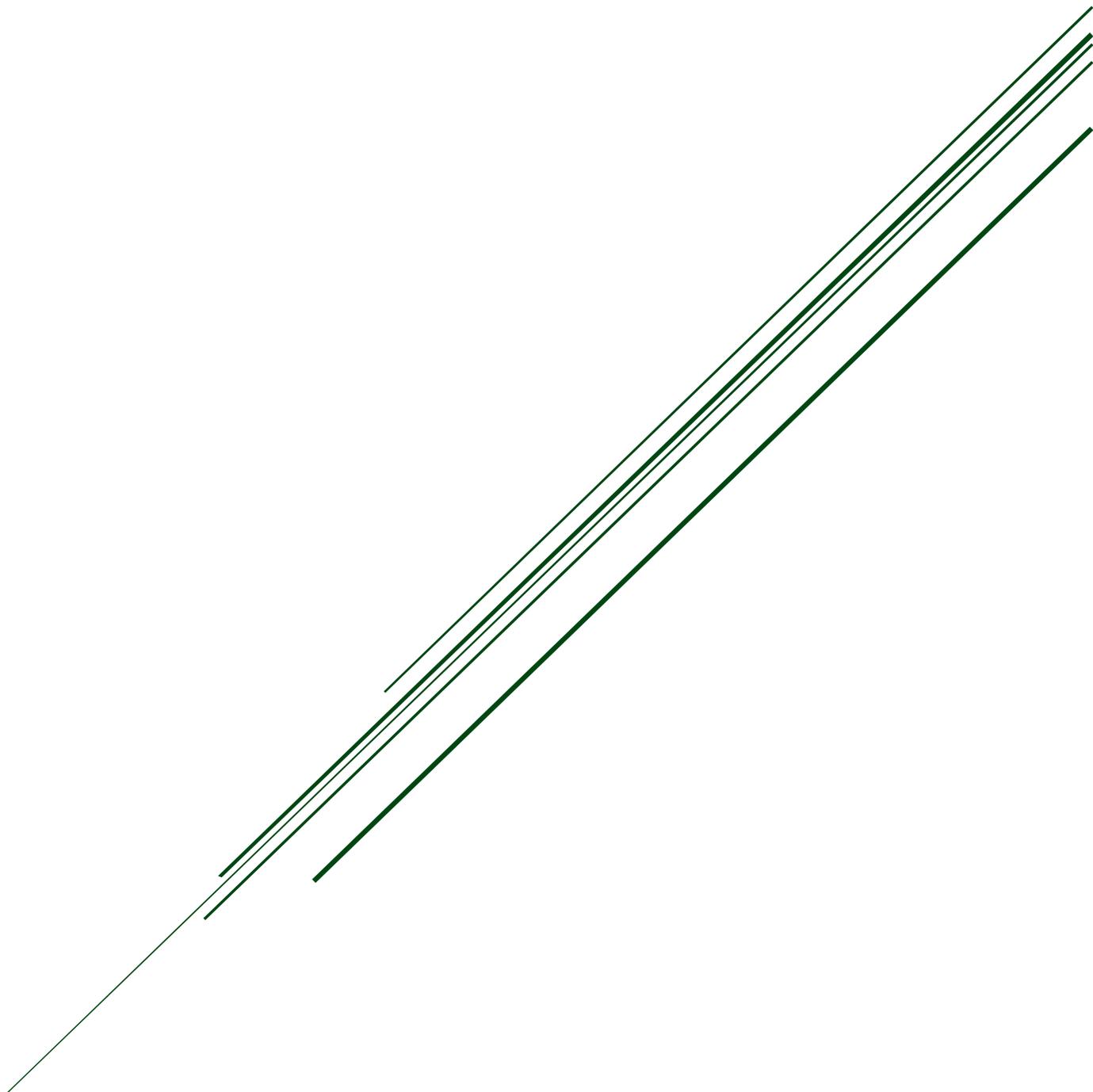


2021 MAY TERM OFFERINGS



HOLY FAMILY CATHOLIC HIGH SCHOOL
8101 Kochia Lane, Victoria, MN 55386

Period A	Period B	Period C	Period D
Basics of Broadway		FIY: Fix It Yourself	
Experiments with Solar Energy		Lighting Design	
Film Appreciation		Running to Peace	
Introduction to Law Enforcement		Sociology	
Sewing		The History of Horror Films	
Spiritual/Religious Themes in TV & Movies		Advanced Finance: Investing in the Stock Market	Card Making
3-D Printing	Athletic Coaching	Book Club	Child Development
Advanced Finance: Investing in the Stock Market	COVID-19: Clinical Disease & Public Health	<i>The Divine Comedy:</i> Meditation of the Afterlife	Introduction to Song Writing
Book Club	Hand Drawn Animation	Drumline	Italian Cooking
Comic Book Creation	Honors Pre-Calculus Prep	Escape Room	Let's Rock- An Exploration of Rock & Roll Music
Counting and Probability	It's All How You Present Yourself	Honors Pre-Calc Prep	Lifelong Sports
Crime and Punishment	Leadership in Action	Intro to National Parks	Managing Personal Finances: Introduction to Budgeting
Digital Media: Embrace and Understand	Male Weight Training and Conditioning	Italian Cooking	Plein Air Painting
Female Strength and Conditioning	Modern Martyrs	Journalism	COVID-19: Clinical Disease & Public Health
Hip Hop as a Form of Critical Conscience	Managing Personal Finances: Introduction to Budgeting	Lifelong Sports	Probability
Italian Cooking	Reflecting on <i>Stamped: Racism, Antiracism, and You</i>	Post-WWII Modern U.S. History	Stop Motion
Journalism	Robotics Programming	Off the Beaten Path: Traveling on a Budget	Survey of Irish History
Math Prep for Science Success	Science Deep Dive	Table-Top Games: Exploring Dungeons and Dragons	The God of Men, Angels, Elves, and Superheroes
Inequity & Social Justice	Spring Arts & Crafts Projects	The Fact and Fiction of Pirates	The Physics of Sports
The God of Men, Angels, Elves, and Superheroes	Study Skills	The World of a Woman	The Pursuit of Happiness
The Study of Vietnam War Through Music	The Pursuit of Happiness	Website Basics	<i>Unbroken:</i> Exploring the Hidden Story of WWII
Travel Abroad: It's an Amazing World Out There	The World of a Woman	Women & Minorities in Sports	Women & Minorities in Sports

3-D PRINTING

Teacher: Mr. Livermore

Course Overview: Students will design and print objects using CAD software and 3-D printers. Students will learn how to setup and run 3-D printers to create their objects. Mr. Livermore will contact students who are enrolled to create an Autodesk profile for utilizing the software for class.

ADVANCED FINANCE: INVESTING IN THE STOCK MARKET

Teacher: Mrs. Piatt

Course Overview: Are you interested in trying your hand at the stock market? Do you want to learn how to increase your money? Then join the Advanced Finance: Investing in the Stock Market class to learn how to invest your money for your future. During class, you will learn the differences between savings accounts, stocks, and bonds. We will look at how the stock market fluctuates in the short and long term. By the end of the course, we will conduct a simulation investment competition to see who can make the most money.

ATHLETIC COACHING

Teacher: Mr. Parzyck

Course Overview: This class shares best practices for young coaches. Holy Family has many students who already coach various youth teams, and many who are interested in becoming coaches. Activities will include planning yearly, seasonally, monthly, weekly, and daily as a coach. In addition, we will explore the “ins” and “outs” of season planning/programming and how to create a detailed practice plan with adjustments for age groups. This course will teach effective forms of communication in addressing athletes, parents, and administrators. Basics of motivation, training, care, nutrition, and prevention of athletic injuries will also be visited. Lastly, students will have a chance to showcase what they have learned in mock “coaching scenarios” while offering real-time feedback.

BASICS OF BROADWAY

Teacher: Mr. Barker

Course Overview: In this class, we will explore musical theater and its role in popular culture. We will not only view and listen to some of the best (and gaudiest) art that humankind has to offer; we will also analyze it deeply, introduce it to others, critique performances, sing its praises, and tear it to shreds.

BOOK CLUB

Teachers: Mrs. Kidrowski & Mrs. Boerboom

Course Overview: If you love to read, this is the class for you. We will read two books selected by the instructors and one chosen by you. We will engage in several activities inspired by the books, have discussions, and talk about how you can lead your own book club. Some class time will be given to read during class, but plan to read a lot at home as well! The books we will read may be of more interest to girls, but all are welcome!

CARD MAKING

Teacher: Mrs. Bosch

Course Overview: Make hand-stamped greeting cards for every occasion and stay in touch with those you love! Or share your creativity with those in need by donating your cards to residents in local nursing homes. Learn a variety of stamping and card-making techniques. Make several cards for each season/occasion: Mother's Day, Father's Day, Summer, Graduation, First Communion/Confirmation/Sympathy, Fall, Thanksgiving, Christmas, Winter, Valentine's Day, St. Patrick's Day, spring, and Birthday. Create an original design to demonstrate to the class.

CHILD DEVELOPMENT

Teacher: Mrs. Kidrowski & Mrs. Boerboom

Course Overview: Do you enjoy spending time with kids? Do kids flock to you at family or neighborhood gatherings? If so, this might be the class for you! Find out what makes them tick and why they do the things they do. Explore how you could leverage this information into possible job opportunities in the future or learn basic skills to help prepare you as a future parent.

COMIC BOOK CREATION

Teacher: Ms. MacDonald

Course Overview: In this class, you will learn the basics of comic book creation. You will explore traditional comic book mediums and the comic creation process. This course includes plot development, storyboarding, character design, layout creation, background design, and formulating dialogue. We will also be studying the styles of several comic book artists, including Steve Ditko, Osamu Tezuka, Frank Miller, Trina Robbins, and Jack Kirby. At the end of the term, you will create your own comic short. Beginners through advanced artists welcome. No experience is necessary.

COUNTING AND PROBABILITY

Teacher: Mr. Kannel

Course Overview: Did you know that if you were creating a seating chart for a class of 10 students with 10 desks, you could have over 3.5 million possible different seating combinations? Counting and Probability will walk you through the process it takes to discover those possibilities. This course will teach students ways to determine the number of possibilities in a given situation simply by looking at it a little differently. We will also determine how likely certain scenarios are, from sitting next to a friend in a class with assigned seating to picking the right combination of numbers to win that big Powerball Jackpot!

COVID-19: CLINICAL DISEASE & PUBLIC HEALTH

Teacher: Mr. Dwyer

Course Overview: This course will consist of an in-depth investigation of the COVID-19 pandemic. Students will explore our current understanding of the biology of the SARS-CoV-2 (the virus that causes COVID-19) and the manifestation of disease in those affected. We will discuss vaccine development and current data on vaccine efficacy, including against the new variant strains. Lastly, students will analyze and discuss public policy on local, national, and global scales, its effectiveness at mitigating the spread of COVID-19, and the ethics of those policies.

CRIME AND PUNISHMENT

Teacher: Mr. Olley

Course Overview: This course will critically examine the merits and shortcomings of criminal justice approaches throughout the world, including the American penal system. It will explore the various environmental contexts and social ideologies that have informed these approaches throughout history and make their connections to our modern world. Students will be expected to apply the lens of Christian morality, the principles of Catholic social justice, and the Church's call for Corporal Works of Mercy and its belief in the sanctity and protection of all human life to topics such as prison function and design, types of punishment such as the death penalty, and the justice system's influence and impact on contemporary society, culture, and politics.

DIGITAL MEDIA: EMBRACE & UNDERSTAND

Teachers: Mr. Richter, Mrs. Podergois, and Mr. Meier

Course Overview: In an era when almost everybody is a content creator, YES, YOU on social media... you snap, insta, tweet, and view it by the minute, hourly and daily...why is digital media different from other forms of message exchange? How have digital media innovations like social media, cell phones, and games shaped and affected us in our world today? Examine the function of digital media in your life. Take away an understanding of digital media innovation and the social media tidal wave – how does it profoundly affect you personally – do you really know? Various forms of misleading information, including online rumors, propaganda, and media manipulation, have become part of our lives – why, how, and should you care? Things are changing by the day – are you in the know?

THE DIVINE COMEDY: MEDITATIONS OF THE AFTER-LIFE

Teacher: Fr. Gjengdahl

Course Overview: Many people have heard of Dante's *Inferno*, though few people have read the book. This course is an opportunity to read portions of the work by Dante and use it to grow in your spiritual life. *The Divine Comedy (Inferno, Purgatorio, Paradiso)* is one of the greatest works of literature and is filled with meaningful meditations on the afterlife. In reading certain portions of this magnificent work, we will dive more deeply into what is meant by hell, purgatory, and heaven. We will discover how the Dante's writings are also an inspiration for how to live our lives on earth in a more complete way in our relationship with God. Students will discover the gift of spiritual writings to assist us in our path to holiness.

DRUMLINE

Teacher: Mrs. Boillat

Course Overview: Release your inner drummer! In this class, we will learn about rhythm and collaboration to combine a variety of different percussive parts into a rhythmic whole that will get your primal musician going. We will have the opportunity to explore bucket drumming, world drumming, found percussion, and/or drumline (snare/bass/toms/cymbals) to create not only a rhythmic experience, but a visual one, too!

ESCAPE ROOM

Teacher: Ms. Kandiko

Course Overview: This course is for everyone! Do you like to use logic and creativity? Are you a good communicator? Do you want to sharpen your problem-solving and critical thinking skills? We will work our way through several virtual escape rooms with partners and/or in small groups. Then, each partnership or small group will design and create their own virtual escape room. The possibilities are endless! The content covered can be geared toward any age level and can cover any topic. Anything that interests you can be the basis for an escape room.

EXPERIMENTS WITH SOLAR ENERGY

Teachers: Mr. Maus & Dr. Tisel

Course Overview: In this course students will build “solar suitcases” for deployment to Uganda, Africa as part of the “We Share Solar” program. The “We Share Solar” program is an interdisciplinary blend of science and social studies lessons with the real-world impact of deploying a “solar suitcase” to a setting where it is needed, such as a community in Uganda or Kenya. Concepts and skills related to taking care of our environment, global awareness, service, electricity, solar power, and entrepreneurship will be developed.

FIY: FIX IT YOURSELF

Teacher: Mr. Livermore

Course Overview: Have you ever put a hole in the wall? Did your car battery die because you kept your headlights on? This class would be great for you. Not only will FIY teach you how to repair the hole in the drywall before mom or dad get home, but it will also show you other small household repairs that you can perform yourself. We will also learn how to both charge and change your car battery along with other basic auto repairs.

FEMALE STRENGTH AND CONDITIONING

Teacher: Ms. Kahle

Course Overview: Did you know that 14 million children ages 2 through 19 are obese? This number has been on the rise over the years, but it is preventable through physical activity and proper eating habits. Most people want to live healthy lives but have not been educated as to how. This course aims to provide females with the knowledge and confidence to “workout” in a variety of ways and equip them with healthy eating tips. Students will be guided through weightlifting, cardiovascular activities, speed increasing techniques, and be able to use these skills for living healthy lives. This class is for students interested in getting stronger, faster, and physically active to improve their overall fitness.

FILM APPRECIATION

Teacher: Mr. Perrin-Smith

Course Overview: This course will introduce students to a variety of genres and styles important to the progression of cinema, be it western, suspense, sports, sci-fi, action, or musical. The class will explore historical references, basic plot structure, Mise en Scene, the language of film, and other contributing factors and then discuss and analyze them. Students will be required to occasionally view material outside of class, participate in class discussions/critiques, maintain a journal/notebook, and provide written analyses to complete the course.

HAND-DRAWN ANIMATION

Teacher: Ms. MacDonald

Course Overview: In this class, students will learn the basics of hand-drawn animation. Students will explore a variety of mediums and techniques for animation. The course will explore traditional and modern animations and artists, showcasing a variety of styles. At the end of the term, students will create a 15-second animation in the style and medium of their choice. Beginners through advanced artists welcome. No experience is necessary.

HIP HOP AS A FORM OF CRITICAL CONSCIENCE

Teacher: Mr. Brown

Course Overview: Hip Hop is an umbrella term for art, music, dance, literature, identity, style, and politics. We will begin to understand the art, culture, and politics of Hip Hop by looking at the movements and politics that inspired the birth of Hip Hop as a form of art and music. We will consider the art and aesthetics of Hip Hop and the musical styles that made Hip Hop music possible. This course will also consider the ways in which Hip Hop speaks to youth and speaks about oppression, violence, identity, culture, and power. We will then explore Hip Hop as a form of cultural politics and activism toward social justice. Students will create original Hip Hop art or music focused on social justice.

HONORS PRE-CALCULUS PREP

Teacher: Mr. Leverentz

Course Overview: This course will help further prepare you for Honors Pre-Calculus. This course gives students an opportunity to go in-depth on topics that are familiar to them. Although not required, this course may be helpful if you plan to be in Honors Pre-Calculus next year.

INEQUITY AND SOCIAL JUSTICE

Teacher: Mr. Dwyer

Course Overview: This course will take a survey approach to the concept of privilege in the United States and how it impacts our society. Through readings, videos, and class discussions, students will explore issues of inequity along the lines of race, gender, sexuality, religion, wealth, and able-bodiedness. Each aspect of privilege will be studied through lenses of both historical contexts and the challenges of our present day. Students will be asked to analyze aspects of their privilege as we discuss what can be done to create a more just society. An emphasis on empathy for the experiences of others will be a central theme.

INTRODUCTION TO NATIONAL PARKS

Teacher: Ms. Atkinson

Course Overview: What do Yellowstone National Park, Carver County Regional Park, and many other parks in the United States have in common? Which park has the best fishing, rock climbing, biking, camping, hiking, or beauty in which to relax and admire? Students will learn about the various local, state, and national parks in this course, and their attractions may provide you options and inspiration for a near-future encounter!

INTRODUCTION TO SONGWRITING

Teacher: Mr. Barker

Course Overview: Ever wonder what goes into writing a song? The only way to really find out is to do it yourself. This class will improve your writing, singing, and playing. If you do not currently play an instrument, you will learn enough of the basics of one to begin your journey to song-smithing mastery.

INTRODUCTION TO LAW ENFORCEMENT

Teacher: Mr. Wiebusch

Course Overview: If you have ever considered serving as a first responder of any kind, whether police, fire, or medical, then this is the course for you! Together we will investigate the complexities of working in the realm of public safety, particularly law enforcement. From the challenges police officers face to community perception, this course will examine the foundations, procedural and legal principles, and practical elements of law enforcement. This course will focus on Law Enforcement and the Criminal Justice System, while also exposing students to the basics of Emergency Medical Services, Fire Management, Incident Command, and Emergency Response to pique interest in these noble careers.

IT'S ALL HOW YOU PRESENT YOURSELF

Teacher: Ms. Swanson

Course Overview: In this course, students will learn about what it means to present oneself professionally in a variety of settings. Students will explore the ins and outs of the job interview process from dressing professionally, to confidently engaging in the interview dialogue itself, to following up afterwards. Students will be able to practice these skills by participating in mock interviews with their peers. Other topics of interest will include making PowerPoint presentations more sophisticated, exploring the art of debate (how to argue a topic respectfully and constructively), and the art of persuasion as they attempt to “sell” a product to a group of potential consumers. Students interested in this course should be motivated to work together on assigned topics and be prepared to present openly and enthusiastically in front of their classmates.

ITALIAN COOKING

Teacher: Mr. Dueck

Course Overview: We all like to eat but it is better when you can create the food yourself. Italian Cooking class will be your opportunity to learn or improve your most fundamental cooking skills. We will learn about ingredients, shopping, proper equipment use and safety, patience, and cooking wholesome food.

JOURNALISM

Teacher: Ms. Henke

Course Overview: Have you ever considered being a journalist? We will take a tour of this complex industry, glancing at the different areas such as investigative reporting, sports journalism, news reporting, columns, and feature-writing. We will look at how headlines, graphs, and photography help gain readers, the importance of article placement, and how to submit work. It will be both informative and fast-paced, much like the industry itself.

LEADERSHIP IN ACTION

Teacher: Mr. Breimhorst

Course Overview: What is Leadership? What makes an effective leader “tick?” How do effective leaders move people and organizations from a status quo to something better? This course will give students the opportunity to explore the concept of leadership and consider how it might apply to their own plans and future goals. We will welcome several effective entrepreneurs and experienced leaders who are “making it happen” in their successful business and personal lives. Come prepared to listen, discuss, and ask a lot of questions, as this course will have a highly conversational and interactive structure.

LET’S ROCK: AN EXPLORATION OF ROCK & ROLL MUSIC

Teacher: Mr. Bosch

Course Overview: This course is for students who enjoy rock & roll music. While rock & roll music was part of popular music for a time in history, not all popular music was or is rock & roll. In this course, we will explore some of the characteristics of rock & roll music along with some significant artists from both history and the contemporary scene. Students who take this class must be willing and able to share, listen, and discuss examples of different genres within rock & roll. Let’s rock!

LIFELONG SPORTS

Teacher: Mr. Russo

Course Overview: Introduction to Lifelong Sports will be an interesting and unique opportunity for students to gain experience in, and knowledge of, the rules and practice of many lifelong sports such as golf, tennis, pickleball, badminton, cornhole, ultimate frisbee, floor hockey, etc. Students will learn the rules of each sport and then gain experience playing each sport.

LIGHTING DESIGN

Teachers: Ms. Swanson and Mr. Walker

Course Overview: After an introduction to the basic principles of lighting design, we will be off to the lab (the performance center) to dissect lighting instruments and to create different lighting effects using various angles, heights, and colors until students have a working knowledge of the technology (including the light board). Then the fun begins! Students will be introduced to a play. Students will read a particular scene of the play. Working in small groups, students will block the scene and create a written lighting design plot. Students will build and program the plot. Finally, students will read through the scene with the lighting design. Students will evaluate how the lighting supported or detracted from the scene. Students will also view videos of a scene they have lit and then assess the effectiveness of their design compared to the lighting in the video.

MALE WEIGHT TRAINING AND CONDITIONING

Teacher: Mr. Russo

Course Overview: This course is designed for students interested in fitness activities, as well as individual strength and conditioning programs. Students will broaden their knowledge of strength training principles and incorporate them into their individualized programs. Students will learn the proper techniques, safety, and correct lifting forms for all exercise movements, major muscle groups, sports-related injuries, and nutrition basics. Other activities that will be stressed throughout the course are cardio-respiratory fitness, flexibility, power, plyometrics, circuit training, muscular strength, and endurance exercises.

MANAGING PERSONAL FINANCES: AN INTRODUCTION

Teacher: Ms. Atkinson

Course Overview: Planning to live on your own someday? Should you own or rent? Work for someone else or be your own boss? What about taxes? Financial success depends on one's financial literacy. Managing Personal Finances will help students develop financial goals and gain skills and knowledge in the areas of banking, credit cards, car loans, ownership and leasing, property mortgages, savings and investments, various insurance coverages, and tax reporting.

MATH PREP FOR SCIENCE SUCCESS (CHEMISTRY & PHYSICS)

Teacher: Mr. Walker

Course Overview: Here is a fun word problem: If the pressure of a gas is 1.6 atmospheres when the volume of the gas is 13 liters, and the temperature is 315 Kelvin then find the moles. $R = .0821$.

Here is the relationship: $PV = \text{moles } RT$ Solving for moles we get: $\text{moles} = PV/RT$.

If you put 1.6 in for P, 13 in for V, .0821 for R, and 315 in for K, and took out your trusty calculator and got something like 79,800, then you have a specific gap in your understanding of pre-algebra, and it is going to cause you no end of trouble when you take chemistry.

Here is another one: A sample of copper contains 8.35×10^{21} atoms. How many moles of copper are in the sample? 1 mole of anything = 6.02×10^{23} .

To solve this, take $8.35 \times 10^{21} \times 1/6.02 \times 10^{23}$. If you type that into your calculator and get something like 1.39×10^{44} , then you have a specific gap in your understanding of how to use your calculator, and it is going to cause you no end of trouble when you take chemistry.

During this one-period course, students will learn to solve algebraic equations common quickly and accurately in chemistry and physics. Students will learn how to use their calculators to correctly solve algebraic equations and manipulate numbers with scientific notation. Then students will practice the same skills using their cell phone calculator. Then students will apply the same skills to word problems. Finally, students will review non-technology based graphing skills with a focus on generating datasets, creating a graph, and elucidating a mathematical relationship based on the graph.

This class will help you succeed in chemistry. This class will help you succeed in physics. This class will help you succeed on the science section of the ACT. You probably don't want to take this class. I wouldn't. But if algebra is a slow and arduous process, or if you really do not understand scientific notation, you probably should take this class.

This class is open to all students but is designed for ninth-grade students.

MODERN MARTYRS

Teacher: Dr. McInerney

Course Overview: When many of us think of Christian martyrs – those men and women killed for being followers of Christ – we imagine such events occurred centuries ago and have little to do with the modern world. In fact, the violence of the last century has witnessed the deaths of countless Christians on account of their faith. In this course, students will encounter in writing and film how Christians witnessed the truths of the Gospel in the face of violent totalitarianism, militarism, and extremism, and ask what these witnesses might teach us in our own time and place.

OFF THE BEATEN PATH: TRAVELING ON A BUDGET

Teacher: Mr. Olley

Course Overview: This course centers around travel on the international level. As our world becomes increasingly connected, it is imperative that we immerse ourselves in cultures that are not our own. This does not mean a resort in Puerto Vallarta - this means out on the streets, interacting with people who may not speak our language, but share our love for other things - food, adventure, and cultural exchange. The primary activity of this course is to plan a 2–3-week international trip on a limited budget. This course includes creative writing, research, and verbal storytelling. Consider yourself a citizen of the world? This is perfect for you. Never have left the country before? Welcome aboard.

PLEIN AIR PAINTING

Teacher: Ms. MacDonald

Course Overview: “Plein air” means “open air.” In this class, you will be painting outdoors from life! Explore the styles of Claude Monet, Mary Cassat, and Pierre Auguste Renoir while trying out your landscape-painting skills. Beginners through advanced painters welcome - no experience necessary. Explore a variety of painting mediums and approaches through a series of guided exercises at outdoor sites within walking distance of the school art room.

Post-WWII MODERN U.S. HISTORY

Teacher: Mr. Maus

Course Overview: Pursuing a more in-depth approach to United States history than a typical survey course, Modern U.S. History will engage students in the close examination of several salient post-WWII social movements and political events and their influence and impact on contemporary society. Students will begin their journey into the post-war era with the study of the Kennedy and Johnson administrations and the rise of American activism surrounding issues of racism, sexism, and environmentalism. They will explore the comprehensive story of the 1960s Civil Rights Movement – understanding its roots in institutional slavery, its call for the equality of all American citizens, and its relevance to today as our nation continues to struggle with the lasting impact of its past concerning issues of discrimination and racism. Lastly, students will analyze various contributing factors that have led to growing public distrust of American government over the decades - specifically the Nixon/Watergate scandal and the impeachments of Clinton and Trump.

PROBABILITY

Teacher: Mr. Leverentz

Course Overview: We will be studying Probability and using it in different activities. We will cover counting, probability rules, conditional probability, mutually exclusive events, and independent events. This is a great class for those planning to take the ACT. This class can be taken by any level math student.

REFLECTING ON *STAMPED-RACISM, ANTIRACISM AND YOU*

Teacher: Dr. Pottebaum

Course Overview: What are the sources of racist ideas? *Stamped: Racism, Antiracism, and You*, a book by Ibram X. Kendi, is an introductory exploration of the origins and phenomenon of the socially constructed concept of race. This course will use a historical lens and critical race theory to analyze the way the concept of race has been developed and interpreted, and its influence on the social, economic, and political relations in the United States. Students will analyze their own biases and prejudices and explore methods that will allow students to practice anti-racism work in their communities. The course will use historical documents, news reports, films, documentaries, and selected literature from various voices to approach the topic.

ROBOTICS PROGRAMMING

Teacher: Mr. Kannel

Course Overview: This course will cover the basics of programming a simple robotic car. Students will learn how to program simple steps but then to also take seemingly more complex actions and break them down into simple steps. Students will also explore the use of rudimentary sensors to determine the actions of the robot.

RUNNING TO PEACE

Teacher: Mr. Schlepp

Course Overview: “The battles that count aren’t the ones for gold medals. The struggles within yourself – the invisible, inevitable battles inside all of us – that’s where it’s at.” – Jesse Owens

The focus for Running to Peace will be the exploration of how acts of exercise can give us new perspectives into our human nature. We will survey what great thinkers and contemporary philosophers have written about the philosophy of running and the philosophy of human nature. We will also discuss and reflect on what forms of peace running can offer to us as human beings who exist in an increasingly technological world. Lastly, we will run. Running and other forms of exercise will be daily activities. The first block of daily time will be used for discussion and reading. The second block of time will be used for running outdoors and journal entry. All runners of all ability levels are welcome – no previous running experience necessary. If physical exercise has ever given you a glimmer of peace, if you have ever wondered during a run where an idea came from and why, if you have ever wrestled with your own will – asking yourself if you should continue an activity or if you should stop – then this class might be for you.

SEWING

Teachers: Mrs. Bosch & Mrs. Boillat

Course Overview: Learn a skill you can share with others and feel connected to the past while designing for the future! Sewing can be a stress reliever and an outlet for creativity. Learn about fabrics and how to use a sewing machine, while making items for yourself and/or others, such as cloth napkins, pillowcases, decorative pillows, stuffed animals, potholders, oven mitts, drawstring bags, and shorts/pants! Costs for project supplies and materials will be approximately \$100 and students will need to provide their own sewing machine and bobbins.

SCIENCE DEEP DIVE

Teacher: Mr. Walker

Course Overview: Take a deep dive into science. Students will find a science topic that they are interested in, conduct independent research, and then create an interactive learning opportunity regarding the topic. Finally, students will share the learning opportunity with their classmates. Internet-capable laptop recommended.

SOCIOLOGY

Teacher: Dr. Pottebaum

Course Overview: Is deviance a personal act of desperation? Maybe. Gang members make terrible decisions each and every day. Is that because they are terrible people? Not necessarily, but examining things in a broader context, think about this: what if one of those gang members met his fate when his father started abusing him and his mother abandoned him? In a search for some familial replacement, suddenly, he is a deviant member of society. This question and many more will be discussed in this class. Sociology is a course designed to familiarize students with various cultures and the problems resulting from people living in groups. This course covers such topics as culture, subcultures, social institutions, collective behavior, social change, social deviation, the family, religion, racial and ethnic minorities, poverty, and crime. The latter portion of this course deals specifically with our society's pressing problems, their causes, and possible solutions.

SPIRITUAL/RELIGIOUS THEMES IN TV & MOVIES

Teachers: Mr. Bosch & Fr. Gjengdahl

Course Overview: Under the guise of entertainment, episodes of popular science fiction motion pictures and TV shows often explore important aspects of the human experience. In this class, we will view classic and contemporary examples from movies and television in the science fiction genre that explore questions of morality, spiritual beliefs, and religious practices. Through class discussions, presentations, and written reflections, students will discover various insights of the filmmaker and discern further questions to which the movie or TV episode gives rise.

SPRING ARTS & CRAFT PROJECTS

Teacher: Mrs. Piatt & Mrs. Kandiko

Course Overview: Want to embrace spring and add some décor to your home? Then join Mrs. Piatt and Mrs. Kandiko in Spring Arts & Crafts Projects class. We will complete four projects you can take home to enjoy.

1. Painted Clay Pots with Flowers for Mother's Day
2. Wired Jewelry – Earrings & Bracelet
3. Spring Front Door Wreath
4. Spring Scene Painted Canvas

STOP MOTION

Teacher: Mr. Perrin-Smith

Course Overview: This course offers a basic overview of stop-motion animation. Students will learn through hands-on exercises: various principles pertaining to the illusion of motion; how to create a simple story; and how to arrange, manipulate, and photograph/record 2D or 3D materials to illustrate that story using moving characters. We will explore in teams the history of animation, the 12 basic principles of animation, and gain basic knowledge of producing Stop Motion, Claymation, or cell/frame animation. Student projects will reflect concept, creativity, and design.

STUDY SKILLS

Teacher: Mrs. Redshaw

Course Overview: This class will include notetaking for lecture and textbook reading, test-taking strategies, information “chunking” for long-term memory retention (think: finals), and organizational strategies to support and enhance students’ study skills.

SURVEY OF IRISH HISTORY

Teacher: Mr. Egan

Course Overview: Irish History is not well known in the United States, even though much of the population claims heritage from the island. The history of Ireland is complex but touching on issues that are still pertinent today, such as colonialism, religion, and revolution. This course spans from the ancient Celts to the 21st century. This course follows a narrative history of the island. We will examine important people, saints, places, events in addition to broader social, economic, or religious changes.

While the time-period is extremely long, the scope of the class is narrow. Looking specifically at one place allows us to cover the breadth of Irish History while still maintaining an adequate amount of depth into each topic covered.

TABLETOP GAMES: EXPLORING DUNGEONS & DRAGONS

Teacher: Mr. Egan

Course Overview: Dungeons and Dragons is an extremely popular tabletop role-playing game that has been around since the first edition was published in 1974. It has seen a recent increase in popularity with the release of the new 5th edition, popularity of online shows based on Dungeons and Dragons such as *Critical Role*, and references in popular TV shows such as *Stranger Things*. The game is free flowing; the group decides what to do and where to go. The game involves creativity, imagination, and cooperation. Games often extend over multiple “sessions,” which means that students can be creative and plan or play through extended and creative campaigns. This class will prepare students to get together and have their own adventures with their friends.

THE FACT & FICTION OF PIRATES

Teacher: Mr. Wiebusch

Course Overview: Ahoy! We are about to set sail on a journey under the Jolly Roger of the pirates! Together we will explore not only the historical role and importance of pirates, but more importantly, our modern culture’s fascination with these sea scallywags. Evaluating the romance and reality of pirates, we will discover the historical and anthropological significance of pirates and recognize their danger in modern times while enjoying their prominent position in entertainment myth, fantasy, and fiction.

THE GOD OF MEN, ANGELS AND ELVES AND SUPERHEROES

Teacher: Dr. McInerny

Course Overview: The massive success of comic book movies (CBMs) has excited fans and bewildered naysayers. Despite regular declarations that we have approached over-saturation with these childish films, they continue to draw massive audiences and even occasional admiration from critics. What is the source of this success and on-going interest? Why are we drawn to these spectacles of superheroes and villains? This course will propose a cultural and theological account of the popularity of the CBM. Drawing on the fictional and non-fictional work of J.R.R. Tolkien this class will compare his theory of fairy stories and fantasy literature with the Marvel Cinematic Universe and its critical reception. Students will learn about the erroneous association of fairy stories with children, what makes a fairy story a fairy story, and how these elements may or may not appear on the Big Screen. Finally, students will explore what elves, magic, superheroes, and Infinity Stones might have to do with the story of Christianity.

THE HISTORY OF HORROR FILMS

Teacher: Mr. Brown

Course Overview: Horror films explore our deepest personal anxieties and our most profound social fears. As a result, horror films can tell us more about ourselves and our society than perhaps any other film genre. This course is designed to provide a historical introduction to the horror film, with an emphasis on American horror film. In this exploration, we will attempt to understand the development of the horror film and connect films to the larger story of the historical evolution of American society as a whole and examine what horror films reflect about our society today.

THE PHYSICS OF SPORTS

Teacher: Dr. Tisel & Ms. Schreiner

Course Overview: A baseball soaring over the fence. A game-changing play in football or hockey. “Bending it like Beckham” to score on a free kick. Through experimentation and calculation, we will explore the physics principles behind all of this, and more. Our goals will be to use physics to help you to understand sports and to use sports to help you understand physics!

THE PURSUIT OF HAPPINESS

Teacher: Mr. Dols & Ms. Diggins

Course Overview: There is a common misconception about what it truly means to be happy and how to go about pursuing it. It is important to step back and understand what truly makes people happy. Through self-reflection, mindfulness, speakers, and readings we will attempt to discover what true happiness can be.

THE STUDY OF THE VIETNAM WAR THROUGH MUSIC

Teacher: Mrs. Redshaw

Course Overview: During World War II, music united the American people in a common cause. A mere 20 years later the Vietnam War had a totally different perspective. The first protest songs emerged in 1963 - early in the United States' involvement in Southeast Asia. In this course you will discover how music during this time period (both protestive and supportive) changed American music as well as the American perspective of this long war.

THE WORLD OF A WOMAN

Teachers: Ms. Kahle and Ms. Kocon

Course Overview: The World of a Woman is a course where young women will gain the confidence and knowledge to be healthy and independent individuals. With this course, students will learn about different topics not taught in school that will help them succeed beyond the classroom. This course will provide a variety of fitness/workout tips, self-defense techniques, life skills, and guidance on the unwritten rules of being a woman. This course will be a place for young women to “open up” and be themselves, while also learning about fitness and other important parts of being a healthy woman outside of school. At the completion of this course, students will understand the multiple aspects and layers of being “personally well” beyond the physical condition.

TRAVEL ABROAD: IT IS AN AMAZING WORLD OUT THERE

Teacher: Mr. Oconitrillo

Course Overview: This class will teach students how to prepare for a trip abroad for leisure, business, or as student. Students will learn to pick the best destination based on their interests and set appropriate expectations. This class will explore destinations around the world. It will show students how geographical, cultural, and historical differences can impact their decision-making when looking for a travel destination. The class will explore different options for travel such as luxury, budget, backpacking, ecotourism, service, etc. This class will teach students about cultural differences, cultural norms and expectations, and how to respond to cultural shock respectfully and appropriately. We will discover the beauty and value of various places and people and learn that the best part of traveling abroad is meeting the people - witnessing their daily lives, struggles, and what makes them happy.

Students will also learn about the importance of logistics and preparation including passport applications, visas, itineraries, lodging, travel insurance, budgeting, exchange rates, booking activities, airport rules, public transportation, and understanding the metric system. Students will learn about traveling safely, transportation options, blending in, being “street smart,” road signs, following etiquette, ordering in restaurants, tipping, etc.

UNBROKEN: EXPLORING THE HIDDEN STORY OF WWII

Teachers: Mrs. Redshaw and Ms. Kocon

Course Overview: This course is an in-depth look at the WWII Pacific Theater, between Pearl Harbor and the bombing of Hiroshima and Nagasaki. It is a story of struggle, survival, perseverance, and faith. We will be examining primary and secondary sources from this time period and analyzing portions of the book *Unbroken* by Laura Hillenbrand.

WEBSITE BASICS

Teacher: Mr. Kannel

Course Overview: This course will cover the basics behind website creation – html, java script, hosting, domain names, security, etc. Students will learn the technical aspects of how to create a website’s html, how to create a link, add a picture, and layout text in a table. Though not intended as a programming course, the class will also introduce the basic concepts of programming to make pages more interactive using java script.

WOMEN/MINORITIES IN SPORTS

Teacher: Mr. Parzyck

Course Overview: This class will trace the history of women and minorities in sports. It will offer a broad perspective on the History and culture of sports and their role in our society. It will analyze how far we have come in offering opportunities for all and the work that still lies ahead of us as a society. Activities will include developing your own personal (coaching) philosophy, interviews, speakers, and critical discussion.