

## ATHLETE INFORMATION

Name \_\_\_\_\_

Grade (10-11) \_\_\_\_\_ Positon: \_\_\_\_\_

T-Shirt Size Youth: M / L Adult: S / M / L / XL

Parent/Guardian \_\_\_\_\_

Phone \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ St \_\_\_\_\_ Zip \_\_\_\_\_

Emergency Contact \_\_\_\_\_

Phone \_\_\_\_\_

Current School: \_\_\_\_\_

Parent Email: \_\_\_\_\_

*I hereby grant permission to the HFCHS Volleyball Camp staff to act for me, according to their best judgement, in any emergency requiring medical attention. I release the HFCHS Volleyball Camp staff and Holy Family Catholic High School from any and all liability for injuries incurred at camp.*

Parent/Guardian Signature \_\_\_\_\_ Date \_\_\_\_\_

## CAMP REGISTRATION

Code	Title	Cost
_____	_____	_____
_____	_____	_____
_____	_____	_____
<b>TOTAL</b>		_____

Please make checks payable to Holy Family.

Holy Family Catholic High School  
 Attn: Pam Osterfeld  
 8101 Kochia Lane • Victoria, MN 55386  
 (952) 443-4659 • www.hfchs.org



**COACH**  
**PAM OSTERFELD**  
*Holy Family*  
**Head Volleyball Coach**

A former MN HS VB standout from Perham, MN, Osterfeld was a 2 time All-State Player, member of the State All-Tournament team, 3 time All-Conference team member, Heart 'O Lakes conference MVP, and Regional Female Athlete of the Year. She was recruited to Texas Tech University where she was an Academic All-Big XII team member and participated in the Div I NCAA Volleyball Championships. 2008 was Osterfeld's inaugural season with Holy Family. She led the team to its first winning season in program history. The Fire followed that up with another winning record this year.

**Other Camp Coaches:**

**Pam Schroeder**  
 Asst. Coach UW-STOUT

**Mike Cummings**  
 Asst. Varsity Coach

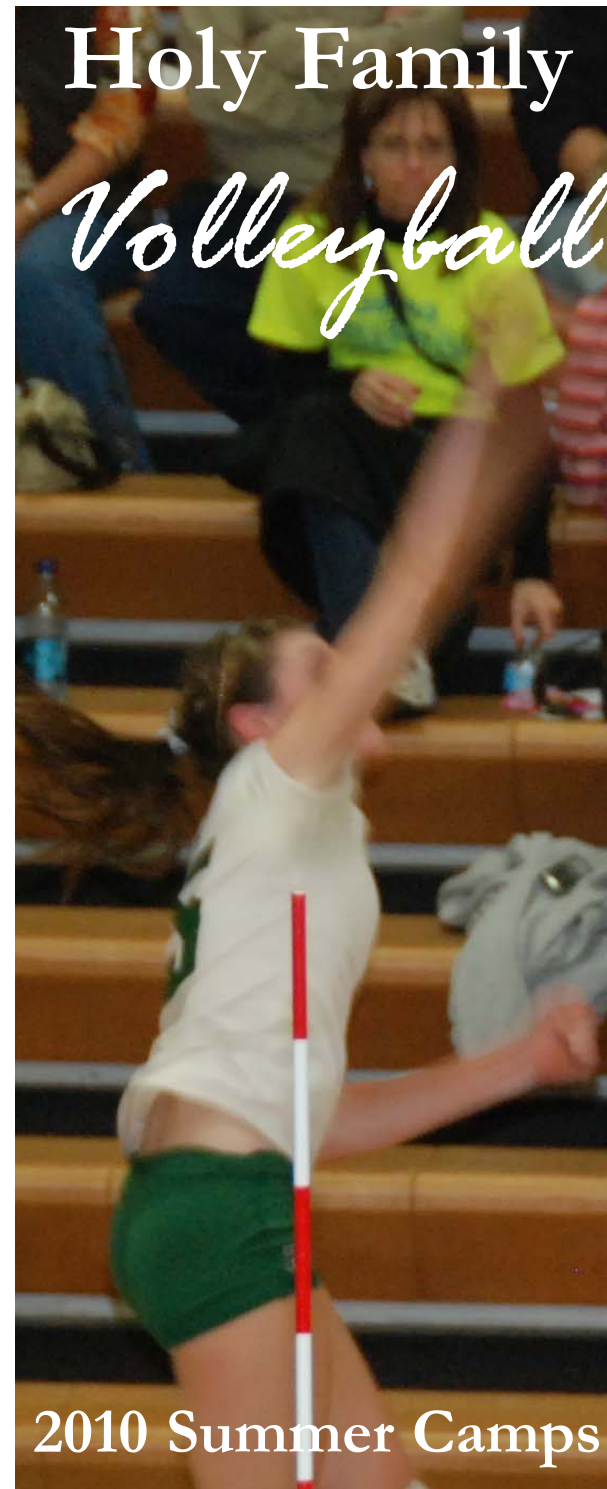
### JANET COBBS CAMP

This camp is for all players planning to play at Holy Family in grades 9-12 for the 2010 season. For more information please visit <http://hfvolleyball.org> for more information.



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**Catholic High School**

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## ADVANCED CAMP

This camp is designed for players with extensive experience. Players should be proficient in overhand serving, understand quick offense, position specific skills, and different defensive systems. Dinner will be provided at this camp! Please bring a water bottle and everything you need on the court and arrive by 2:45 so you're ready to play by 3:00.

Grades: 7-12 (Fall '10)  
Dates: June 21-22, 3:00 - 10:00pm  
Cost: \$120  
Registration Code: AC-1

# Time to Spike the Competition

## BASIC CAMP

This camp is designed for beginner players. Players will learn and work on basic skills and techniques of the game. No prior playing experience is required. Please arrive by 10:45 so you're ready to play by 11:00.

Grades: 3-8 (Fall '10)  
Dates: August 9-12, 11:00-1:00pm  
Cost: \$85  
Registration Code: BC-1

## SETTER/DEFENDER CAMP

This camp is designed for setters and liberos (or anyone who wants to work on DEFENSE!) Players should register for a specific position and have a basic understanding of setting or defensive techniques. Please bring a bag lunch, water bottle, and everything you need on the court.

Grade: 7-12 (Fall '10)  
Dates: June 23-24, 3:00-9:30pm  
Cost: \$65  
Registration: Contact Coach Osterfeld at [osterfeldp@hfchs.org](mailto:osterfeldp@hfchs.org)