

ATHLETE INFORMATION

Name _____

Grade (10-11) _____ Position: _____

T-Shirt Size Youth: M / L Adult: S / M / L / XL

Parent/Guardian _____

Phone _____

Address _____

City _____ St _____ Zip _____

Emergency Contact _____

Phone _____

Current School: _____

Parent Email: _____

I hereby grant permission to the HFCHS Basketball Camp staff to act for me, according to their best judgement, in any emergency requiring medical attention. I release the HFCHS Basketball Camp staff and Holy Family Catholic High School from any and all liability for injuries incurred at camp.

Parent/Guardian Signature _____

Date _____

CAMP REGISTRATION

Code	Title	Cost
_____	_____	_____
_____	_____	_____
_____	_____	_____
TOTAL		_____

Please make checks payable to Holy Family.

Holy Family Catholic High School
 Attn: Mike Friestleben
 8101 Kochia Lane • Victoria, MN 55386
 (952) 443-4659 • www.hfchs.org



MIKE FRIESTLEBEN
Holy Family
Head Girls Basketball Coach

Coach Mike Friestleben took over as head coach in 2007-2008 season and built an extremely successful girls basketball program at Holy Family. In 07-08, Coach Friestleben led the team to the 5AA Section Runner-up and had a record of 26-4. The team also won their first Minnesota River Conference Championship and Coach Friestleben was named the 07-08 MRC Coach of the Year. Coach Friestleben led his team to a second conference title this season. Coach Friestleben has also been named as the MRC Coach of the year for the second time in three years.

Other Camp Coaches:

Pat Nelson
 Asst. Varsity Coach

Chris White
 Freshmen Coach

CHECK US OUT!

Stay in touch with the Fire Hoops Team by going to
<http://www.hffiregirlshoops.com>



Holy Family
Catholic High School

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Holy Family
Girls

Basketball

2010 Summer Camps

ADVANCED FUNDAMENTALS

These camps offer a range of athletes the chance to continue building on their basic skills, while learning newer, more complicated skills. All athletes are instructed in all skills and fundamentals at all positions through drills, games, individual instruction and competitions. The athletes will learn in a positive, controlled environment how to push themselves beyond their current skill level.

Grades: 5-6 (Fall '10)
Dates: July 12-15, 10:30 -12:30pm
Cost: \$100
Registration Code: AF-1

Grades: 7-8 (Fall '10)
Dates: July 12-15, 1:00-3:00pm
Cost: \$100
Registration Code: AF-2

*Coming Together With
No Fear*



BASIC CAMP

This camp is designed to introduce younger athletes to the sport of basketball. Athletes are taught basic skills while the fun and sportsmanship of the game are emphasized. Drills, activities, and games are designed to reinforce the basic skills while creating a fun, learning atmosphere.

Grades: 1-4 (Fall '10)
Dates: July 12-15, 9:00-10:30am
Cost: \$50
Registration Code: BC-1