

3rd Annual
Holy Family Fire-5K / Spark ½ Mile
Saturday, July 17th, 2010, 9:00am
Holy Family Catholic High School

When: Saturday, July 17th, 2010 at 9:00am

Where: Holy Family Catholic High School, Victoria, MN 55386
Parking available on site at Holy Family
Restrooms available at the start/finish area

Registration: \$16 postmarked by July 10th for the Fire-5K Fun Run/Walk
\$20 same day
Entry fee includes a free race t-shirt

\$6 Kids' Spark ½ Mile Fun Run
Entry fee includes a free race t-shirt

Registration forms are available at area running stores or by contacting
Jim Kappel (952-442-1157) or Ron Hoffman (952-442-5588)
or by emailing fire5k@hfchs.org.

7:30-8:45am Same day registration in parking lot (large green HFCHS tent)
9:00am Fire-5K Fun Run/Walk
10:00am Kids' Spark ½ Mile Fun Run (5-12 years old)
10:30am Awards and prize drawings

Course: 5K (3.1 miles) starts and ends at Holy Family Catholic High School
Kids' Spark ½ Mile Fun Run to take place on the finishing area of 5K route

Giveaways: All participants are eligible for our prize drawings.

Awards: Top 3 females and males overall in the 5K receive medals
Top female and male in each age group in the 5K receive medals
(0-19, 20-29, 30-39, 40-49, 50-59, 60+)
Top girl and boy in each age group will receive a medal (5-8, 9-12)
All ½ mile participants receive a ribbon

Sponsors: Holy Family Catholic High School

Questions: Jim Kappel, 952-212-9634 or Ron Hoffman, 952-442-5588