

Holy Family Catholic High School

Summer Tennis

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For all youth grades 9-12

The HFCHS Tennis Coaching Staff will be putting on a summer program for all athletes in incoming grades 9-12. Drill sessions will emphasize stroke mechanics, agility/footwork, and strategy. Match Play will focus on match play between athletes with instruction from coaches. Conditioning will be a vital component of all sessions. Group adjustments may be made once registration is complete to balance numbers/skill level. Please contact Coach Dwyer with any questions.

1) Drill Sessions

Dates: Mondays and Wednesdays, 6/16/10 – 7/26/10

Times: JV players and incoming freshman: 4:00-5:30 PM

Varsity: 7:15-8:45 PM

Location: Holy Family Catholic HS Tennis Courts

Cost: \$100

2) Match Play

Dates: Mondays and Wednesdays, 6/16/10 – 7/26/10

Times: 5:30-7:15 PM

Location: Holy Family Catholic HS Tennis Courts

Cost: \$60

3) Private/Group Lessons

One-hour lessons arranged on individual basis with Coach Dwyer or Coach Weaver – call or email to arrange dates/times

Cost: \$25/private

\$30/group (up to 4 players)

July 1st-July 7th is a no contact period for coaches and players per the MSHSL. No drill or match play will take place during this time. 7/20/10 and 7/27/10 will be reserved for rain dates for drill and league play. You will be notified of cancellations due to rain by email. Please include contact email(s) on the registration form.

Registration Deadline: Friday, June 11th, 2010

Registration Form

Registration deadline is Friday, June 11th 2010

Please complete the form, make checks payable to HFCHS, and mail to the following address:

Holy Family Catholic High School
Attn: Josh Dwyer
8101 Kochia Ln
Victoria, MN 55386

If you have questions, please contact Josh Dwyer:

dwyerj@hfchs.org

651-236-7189

Name _____

Age _____ *Grade in fall 2010* _____

Registering for: _____ *Drill Sessions(JV/ V)* _____ *League Play* _____ *Private Lessons*

Years of tennis lessons / experience _____

Any known medical conditions

Names of Parents or Guardians:

Address

City/State/Zip

Phone number: _____ *(day)* _____ *(eve.)*

Contact email(s) for rain cancellation: _____

Emergency Name/ Phone number

Parent signature