

Dear Parents/Guardians and Athletes:

If your student is going to participate in a fall sport, **you are required to attend the fall sports preseason meeting for your specific sport.** At the preseason meeting, the coaches of each individual sport will inform the athletes of the time and place of the first practice. The coaches will also inform the athletes of any special equipment that they may need for practice at this time. Coaches will share their goals, expectations and philosophies; as well as answer any questions you may have.

For fall sports registration, please check online for the necessary activities forms on the school web-site. You will find complete instructions for sign-up procedures at www.hfchs.org. If you have a question concerning this packet, please contact Bryan DeLorenzo at delorenzob@hfchs.org.

If you have any questions regarding practice times, expectations, equipment needed, or any other sport specific questions, please contact your coach at the email listed below.

Fall Sports and coach contacts are as follows:

Cross Country

Preseason meeting Thursday July 21 at 7:00 PM in the gym

First practice will be Monday August 15 at Holy Family

Coach: Jim Kappel – kappelj@hfchs.org

Boys Soccer

Preseason meeting on Monday August 8th at 6:30 PM in the cafeteria

First practice will be Monday August 15 at 9:00 AM on the soccer field

Coach: Jorge Oconitrillo -- oconitrillojo@hfchs.org

Football

Preseason meeting on Monday August 15 at 6:30 PM in the gym

Equipment issue and test outs for grades 10 – 12 Friday August 12th at 5:00 in the gym

First practice will be Monday August 15 grades 10 -12 and grade 9

Coach: Dave Hopkins -- hopkinsd@hfchs.org

Girls Soccer

Preseason meeting on Monday August 8th at 6:30 PM in the gym

First practice will be Monday August 15

Coach: John Tudor -- JT@ccunitedsoccer.com

Girls Tennis

Preseason meeting on Monday July 25th at 6:00 PM in the media center
First practice will be Monday August 15
Coach: Josh Dwyer – dwyerj@hfchs.org

Volleyball

Preseason meeting on Monday August 8 at 6:30 PM in media center
First practice will be Monday August 15 at 9:30 AM
Coach: Pam Osterfeld – osterfeldp@hfchs.org

Girls Swim and Dive – shared coaching with Mound Westonka

Preseason meeting on Monday August 15 at 7:00 PM at Mound Westonka High School
First practice will be Monday August 15 at Mound Westonka Time TBD
Coach: TBD

Dance Club

Preseason meeting on Wednesday August 10th at 7:00 PM in the media center
First practice will be Monday August 15
Coach: Kristin Macklin – kmmacklin@hotmail.com

If you have any questions feel free to contact me.

Matt Thuli
Activities Director
Holy Family Catholic High School